

Healthy Snack Ideas

ABC Academy Preschool wants to help provide healthy snacks for our preschoolers. Please limit Sugars & Hydrogenated Oils in the snacks you select. With so many severe allergies, please help us keep our preschool a **Peanut Free Zone**.

Please send enough snacks for the children in your child's class. If your snack needs to keep cool, please send it in a small cooler.

We always have napkins, cups, spoons & forks on-hand.

Bananas & Crackers
Grapes & Crackers
Apple Slices & Cheese
Fruit & Cheese
Breadsticks and Cheese
Gogurts and Fresh Bread
Carrots and Dip
Granola Bars
Mini Meat Sandwiches
String Cheese and Rolls
Rolled Lunch Meat/Cheese
Fruit Cups/Jello Cups
Dried Fruit and Crackers

*Snack ideas to share? Email us at lcmad@comcast.net